

Table 19: Selected sports and physical activities by frequency of participation, 2006 (a)

Activity	Number ('000)						Total
	1-6 times	7-12 times	13-26 times	27-52 times	53-104 times	more than 104 times	
Aerobics/fitness	139.1	162.0	217.3	550.5	784.7	1,307.7	3,161.3
Aquarobics	*16.2	*25.3	*23.4	73.5	54.4	34.8	227.6
Athletics/track and field	*24.6	*14.7	*11.2	*18.5	*9.1	*15.6	93.6
Australian football	68.6	43.4	73.3	92.2	91.8	76.3	445.8
Badminton	*15.3	*17.6	27.1	51.4	*25.9	**4.9	142.1
Baseball	**3.5	**6.3	*11.4	**3.6	**4.8	*7.2	36.7
Basketball	46.7	75.1	88.0	158.7	97.5	75.5	541.6
Billiards/snooker/pool	**0.1	**1.4	*9.0	*16.0	**5.1	**4.8	36.4
Boxing	*11.7	**1.8	*10.4	27.4	36.6	*25.5	113.3
Canoeing/kayaking	39.1	28.4	*22.1	*18.1	*8.1	**6.1	121.9
Carpet bowls	**0.2	**1.5	**4.8	*8.4	*15.7	*10.3	40.9
Cricket (indoor)	*19.0	*18.2	31.2	53.1	*25.8	**1.9	149.2
Cricket (outdoor)	100.3	70.7	101.3	151.2	60.8	40.0	524.4
Cycling	187.0	203.4	285.7	351.2	238.2	417.4	1,682.8
Dancing	34.3	33.2	52.1	128.4	86.3	64.9	399.3
Darts	**0.2	**0.2	**3.1	*12.7	**5.6	**0.8	*22.7
Fishing	80.9	75.5	95.2	58.0	30.2	*16.3	356.1
Football (indoor)	60.9	41.0	66.2	92.6	36.9	*12.4	310.1
Football (outdoor)	89.9	105.9	134.6	175.3	117.7	74.0	697.4
Golf	215.0	205.4	158.5	277.9	190.7	84.4	1,132.0
Gymnastics	**4.9	**6.2	**4.3	*10.6	**2.1	*12.5	40.7
Hockey (indoor)	**5.2	**0.6	*6.8	*13.8	—	—	*26.3
Hockey (outdoor)	*16.5	*17.4	*19.9	58.4	33.4	*12.0	157.6
Horse riding/equestrian activities/polocrosse	36.2	28.0	*21.2	46.2	*22.7	59.5	213.9
Ice/snow sports	78.1	38.7	*24.8	*25.7	*8.3	**2.2	177.7
Lawn bowls	52.3	*20.9	33.6	72.8	95.9	75.0	350.5
Martial arts	*15.2	*11.2	26.7	85.8	70.5	96.5	305.8
Motor sports	33.5	34.3	75.3	32.6	*12.5	*18.8	207.0
Netball	42.9	72.3	75.4	234.1	110.7	58.4	593.9
Orienteering	*23.8	**2.4	*11.2	*15.1	**5.0	*17.6	74.9
Rock climbing	28.1	*24.7	**6.1	*14.8	**2.3	**4.3	80.3
Roller sports	*13.3	*11.0	*18.6	*23.4	*13.1	*20.3	99.7
Rowing	**4.4	*7.5	**6.3	*10.7	*20.2	*17.9	67.0
Rugby league	35.6	**5.1	29.0	47.5	50.1	42.4	209.8
Rugby union	*11.6	*20.7	39.5	41.3	*21.2	31.0	165.3
Running	82.0	66.4	116.8	292.4	281.0	385.6	1,224.1
Sailing	*25.2	*12.2	*23.5	*20.2	**6.5	**3.1	90.5
Scuba diving	48.2	*9.5	*14.3	**4.2	**0.3	**1.9	78.3
Shooting sports	*18.9	*26.4	*16.5	*18.1	**2.7	**0.2	82.8
Softball	*9.0	*14.5	*8.3	*7.1	*9.2	**0.3	48.3
Squash/racquetball	50.2	*24.3	31.6	58.0	35.8	*19.9	219.8
Surf sports	44.1	37.7	93.8	106.9	58.3	45.2	386.1
Swimming	240.5	298.3	465.6	585.0	349.6	317.9	2,256.9
Table tennis	*14.8	*15.7	*12.3	*17.6	*8.7	*10.7	79.7
Tennis	234.3	203.3	177.5	350.5	121.5	43.6	1,130.7
Tenpin bowling	*26.2	*14.0	*7.5	52.9	*8.9	*7.2	116.7
Touch football	54.6	60.7	117.1	80.0	69.4	*19.8	401.6
Triathlon	26.8	**6.5	**5.3	**5.1	**6.3	**5.2	55.3
Volleyball	35.1	36.1	46.5	46.4	*22.2	*10.2	196.5
Walking (bush)	281.1	164.0	93.0	114.4	41.9	79.5	774.0
Walking (other)	126.3	109.1	256.3	829.9	1,064.2	3,615.9	6,001.7
Water polo	—	*11.9	*7.7	**3.8	**3.9	*9.3	36.7
Waterskiing/powerboating	33.5	45.8	47.1	*12.7	**3.2	**0	142.2
Weight training	*25.1	*17.0	47.9	81.8	113.8	223.9	509.4
Yoga	34.4	54.8	57.2	210.7	60.4	70.0	487.5

(a) Number of times persons undertook the activity, including practice and training, during the 12 months prior to interview in 2006.

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 19 continued: Selected sports and physical activities by frequency of participation, 2006 (a)

Activity	Participation rate (%)						Total	Mean	Median
	1-6 times	7-12 times	13-26 times	27-52 times	53-104 times	More than 104 times			
Aerobics/fitness	0.8	1.0	1.3	3.3	4.7	7.9	19.1	121.8	104
Aquarobics	*0.1	*0.2	*0.1	0.4	0.3	0.2	1.4	67.2	52
Athletics/track and field	*0.1	*0.1	*0.1	*0.1	*0.1	*0.1	0.6	63.4	24
Australian football	0.4	0.3	0.4	0.6	0.6	0.5	2.7	57.0	40
Badminton	*0.1	*0.1	0.2	0.3	*0.2	**0	0.9	45.6	45
Baseball	**0	**0	*0.1	**0	**0	*0	0.2	58.6	20
Basketball	0.3	0.5	0.5	1.0	0.6	0.5	3.3	69.9	50
Billiards/snooker/pool	**0	**0	*0.1	*0.1	**0	**0	0.2	62.3	52
Boxing	*0.1	**0	*0.1	0.2	0.2	*0.2	0.7	92.6	75
Canoeing/kayaking	0.2	0.2	*0.1	*0.1	*0	**0	0.7	30.5	12
Carpet bowls	**0	**0	**0	*0.1	*0.1	*0.1	0.2	92.6	103
Cricket (indoor)	*0.1	*0.1	0.2	0.3	*0.2	**0	0.9	42.0	35
Cricket (outdoor)	0.6	0.4	0.6	0.9	0.4	0.2	3.2	40.3	25
Cycling	1.1	1.2	1.7	2.1	1.4	2.5	10.1	90.3	50
Dancing	0.2	0.2	0.3	0.8	0.5	0.4	2.4	73.9	52
Darts	**0	**0	**0	*0.1	**0	**0	*0.1	64.3	52
Fishing	0.5	0.5	0.6	0.3	0.2	*0.1	2.1	31.5	20
Football (indoor)	0.4	0.2	0.4	0.6	0.2	*0.1	1.9	39.1	25
Football (outdoor)	0.5	0.6	0.8	1.1	0.7	0.4	4.2	51.3	30
Golf	1.3	1.2	1.0	1.7	1.1	0.5	6.8	45.0	26
Gymnastics	**0	**0	**0	*0.1	**0	*0.1	0.2	84.7	40
Hockey (indoor)	**0	**0	*0	*0.1	—	—	*0.2	30.2	30
Hockey (outdoor)	*0.1	*0.1	*0.1	0.4	0.2	*0.1	1.0	50.4	36
Horse riding/equestrian activities/polocrosse	0.2	0.2	*0.1	0.3	*0.1	0.4	1.3	104.4	50
Ice/snow sports	0.5	0.2	*0.1	*0.2	*0	**0	1.1	17.3	7
Lawn bowls	0.3	*0.1	0.2	0.4	0.6	0.5	2.1	74.7	52
Martial arts	*0.1	*0.1	0.2	0.5	0.4	0.6	1.8	103.3	90
Motor sports	0.2	0.2	0.5	0.2	*0.1	*0.1	1.2	42.1	24
Netball	0.3	0.4	0.5	1.4	0.7	0.4	3.6	59.0	50
Orienteering	*0.1	**0	*0.1	*0.1	**0	*0.1	0.5	73.8	30
Rock climbing	0.2	*0.1	**0	*0.1	**0	**0	0.5	28.5	10
Roller sports	*0.1	*0.1	*0.1	*0.1	*0.1	*0.1	0.6	73.2	40
Rowing	**0	*0	**0	*0.1	*0.1	*0.1	0.4	95.2	85
Rugby league	0.2	**0	0.2	0.3	0.3	0.3	1.3	70.2	52
Rugby union	*0.1	*0.1	0.2	0.2	*0.1	0.2	1.0	58.7	30
Running	0.5	0.4	0.7	1.8	1.7	2.3	7.4	104.1	100
Sailing	*0.2	*0.1	*0.1	*0.1	**0	**0	0.5	28.9	20
Scuba diving	0.3	*0.1	*0.1	**0	**0	**0	0.5	12.1	6
Shooting sports	*0.1	*0.2	*0.1	*0.1	**0	**0	0.5	21.2	12
Softball	*0.1	*0.1	*0.1	*0	*0.1	**0	0.3	30.8	18
Squash/racquetball	0.3	*0.1	0.2	0.3	0.2	*0.1	1.3	48.7	40
Surf sports	0.3	0.2	0.6	0.6	0.4	0.3	2.3	61.5	30
Swimming	1.4	1.8	2.8	3.5	2.1	1.9	13.6	60.8	32
Table tennis	*0.1	*0.1	*0.1	*0.1	*0.1	*0.1	0.5	59.1	25
Tennis	1.4	1.2	1.1	2.1	0.7	0.3	6.8	38.3	25
Tenpin bowling	*0.2	*0.1	*0	0.3	*0.1	*0	0.7	41.9	45
Touch football	0.3	0.4	0.7	0.5	0.4	*0.1	2.4	40.1	25
Triathlon	0.2	**0	**0	**0	**0	**0	0.3	47.2	8
Volleyball	0.2	0.2	0.3	0.3	*0.1	*0.1	1.2	35.3	20
Walking (bush)	1.7	1.0	0.6	0.7	0.3	0.5	4.7	42.7	12
Walking (other)	0.8	0.7	1.5	5.0	6.4	21.8	36.2	184.1	156
Water polo	—	*0.1	*0	**0	**0	*0.1	0.2	109.4	24
Waterskiing/powerboating	0.2	0.3	0.3	*0.1	**0	**0	0.9	15.8	12
Weight training	*0.2	*0.1	0.3	0.5	0.7	1.3	3.1	119.8	104
Yoga	0.2	0.3	0.3	1.3	0.4	0.4	2.9	68.2	52

(a) Number of times persons undertook the activity, including practice and training, during the 12 months prior to interview in 2006.

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