

PRIORITIES	ACTIONS	BENEFITS	Individuals and families	Communities schools & workplaces	Health services	Industry Cwth, States & Local Government
Reshape urban environments towards healthy options	Facilitate adoption of consistent town planning and general building design that encourage greater levels of physical activity	Local government supports an environment that improves opportunities for physical activity. Families and individuals spend more time cycling or walking to work and for recreation. The community reduces daily use of cars and simultaneously contributes to reduction of carbon emissions and climate change	■	■	■	■
	Promote and support re-orientation of urban obesity-promoting environments through appropriate infrastructure investments	State, territory and local government adopt a multi-faceted approach to develop state and municipal plans to re-orient public transportation and increase urban density, support farmers markets, build cycle paths	■	■	■	■
Strengthen, skill and support primary health care to support people in making healthy choices	Expand supply of relevant allied health workforce (eg nutritionists)	Community benefits from improved access to professional advice and care. Workforce capacity is increased	■	■	■	■
	Develop and disseminate evidence-based clinical guidelines and other multidisciplinary training packages for health and community workers	The health workforce is supported in the delivery of preventative health strategies at the community level				■
		States and territories enhance workforce through community placements for training of primary health care workforce				
		Individuals and families have a skilled health workforce available	■		■	■
		State and territory governments fund programs which educate patients in primary health care settings about nutrition, physical activity, and management of overweight and obesity			■	■
Improve Maternal and Child Health	Promotion of 2003 NHMRC Infant Feeding Guidelines for Health Workers	State and territory governments and local communities develop targeted programs to encourage healthy eating for pregnant women and breastfeeding for newborns	■	■	■	■