

Table 8: All participants — frequency of participation in organised activity, cumulative, 2006 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	250.0	693.5	508.8	355.3	943.5
	25 to 34	261.4	390.5	218.2	135.4	651.9
	35 to 44	311.0	314.4	174.3	92.9	625.4
	45 to 54	221.1	236.1	149.4	89.7	457.1
	55 to 64	150.8	177.9	92.5	48.1	328.8
	65 and over	90.6	240.9	170.9	86.3	331.4
	TOTAL	1,284.8	2,053.3	1,314.1	807.6	3,338.1
Females	15 to 24	246.7	607.1	395.1	250.9	853.7
	25 to 34	190.2	341.7	216.2	115.4	531.9
	35 to 44	190.0	362.8	222.7	145.9	552.8
	45 to 54	144.4	287.7	206.1	109.2	432.2
	55 to 64	115.0	240.0	151.5	79.5	355.0
	65 and over	119.2	300.0	193.1	93.8	419.2
	TOTAL	1,005.5	2,139.3	1,384.7	794.8	3,144.8
Persons	15 to 24	496.6	1,300.6	903.9	606.2	1,797.2
	25 to 34	451.6	732.2	434.4	250.8	1,183.8
	35 to 44	501.0	677.2	397.1	238.8	1,178.2
	45 to 54	365.5	523.8	355.5	198.9	889.3
	55 to 64	265.8	417.9	244.0	127.6	683.7
	65 and over	209.8	540.9	364.0	180.1	750.7
	TOTAL	2,290.3	4,192.6	2,698.8	1,602.4	6,482.9
Participation rate (%)						
Males	15 to 24	17.1	47.3	34.7	24.2	64.4
	25 to 34	18.2	27.2	15.2	9.4	45.4
	35 to 44	20.6	20.9	11.6	6.2	41.5
	45 to 54	15.8	16.8	10.7	6.4	32.6
	55 to 64	13.1	15.5	8.1	4.2	28.7
	65 and over	7.4	19.8	14.0	7.1	27.2
	TOTAL	15.7	25.1	16.1	9.9	40.8
Females	15 to 24	17.6	43.3	28.2	17.9	60.9
	25 to 34	13.2	23.8	15.0	8.0	37.0
	35 to 44	12.5	23.8	14.6	9.6	36.3
	45 to 54	10.1	20.1	14.4	7.6	30.1
	55 to 64	10.2	21.4	13.5	7.1	31.6
	65 and over	8.0	20.1	13.0	6.3	28.1
	TOTAL	12.0	25.4	16.5	9.4	37.4
Persons	15 to 24	17.3	45.3	31.5	21.1	62.7
	25 to 34	15.7	25.5	15.1	8.7	41.2
	35 to 44	16.5	22.3	13.1	7.9	38.9
	45 to 54	12.9	18.5	12.5	7.0	31.4
	55 to 64	11.7	18.4	10.7	5.6	30.1
	65 and over	7.7	20.0	13.4	6.6	27.7
	TOTAL	13.8	25.3	16.3	9.7	39.1

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006