

Table 17: Selected activities by age, 2006

Activity	Number ('000)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	720.6	614.3	596.4	546.1	348.7	335.3	3,161.3
Aquarobics	*11.3	*17.6	*25.8	34.2	63.3	75.4	227.6
Athletics/track and field	77.2	**2.7	*9.4	**1.5	—	**2.9	93.6
Australian football	270.5	91.5	58.0	*20.5	**4.4	**0.9	445.8
Badminton	62.8	31.3	*26.3	*6.8	*10.3	**4.7	142.1
Baseball	*14.6	*9.2	*7.3	**4.2	**1.5	—	36.7
Basketball	330.6	100.8	71.2	31.8	**5.4	**1.7	541.6
Billiards/snooker/pool	*9.5	**6.2	**4.9	**4.5	**1.8	*9.4	36.4
Boxing	56.4	27.4	*19.5	*9.9	—	**0.1	113.3
Canoeing/kayaking	*17.6	*25.7	*21.4	30.1	*25.1	**2.1	121.9
Carpet bowls	—	—	—	**0.2	**2.9	37.7	40.9
Cricket (indoor)	55.6	64.2	*18.3	*9.4	**1.4	**0.2	149.2
Cricket (outdoor)	259.4	118.2	90.7	42.7	*9.0	**4.4	524.4
Cycling	231.8	380.3	513.8	277.3	194.8	84.7	1,682.8
Dancing	159.7	43.4	38.5	48.7	62.9	46.1	399.3
Darts	**2.9	**5.5	**1.8	**6.6	**5.5	**0.4	*22.7
Fishing	27.2	48.6	89.5	74.3	73.3	43.1	356.1
Football (indoor)	186.1	72.2	36.1	*12.3	**3.4	—	310.1
Football (outdoor)	392.3	113.0	134.1	50.8	**6.3	**0.9	697.4
Golf	110.4	164.2	217.9	219.5	232.5	187.5	1,132.0
Gymnastics	*20.7	**0.7	*9.2	**5.2	**3.1	**1.8	40.7
Hockey (indoor)	*22.4	**1.6	**2.2	—	—	—	*26.3
Hockey (outdoor)	81.2	*18.9	37.9	*14.5	**3.7	**1.5	157.6
Horse riding/equestrian activities/polocrosse	63.8	44.5	50.0	35.9	*12.3	*7.4	213.9
Ice/snow sports	44.2	41.9	46.8	35.2	*7.5	**2.1	177.7
Lawn bowls	*15.0	*22.2	*24.3	*21.0	63.3	204.8	350.5
Martial arts	109.4	63.4	42.6	29.2	*21.6	39.6	305.8
Motor sports	73.5	44.3	47.8	*25.4	*12.3	**3.8	207.0
Netball	285.8	168.4	107.6	26.6	**3.8	**1.7	593.9
Orienteering	45.2	*14.7	*9.2	**5.6	**0.1	**0.2	74.9
Rock climbing	*25.2	35.0	*11.9	*7.2	**0.8	**0.1	80.3
Roller sports	39.1	34.9	*16.7	**6.0	**2.9	—	99.7
Rowing	30.4	*8.1	*7.4	*14.7	**4.2	**2.1	67.0
Rugby league	152.3	40.9	*14.4	**2.1	—	—	209.8
Rugby union	122.7	*16.4	*15.4	*7.9	**2.8	—	165.3
Running	352.2	332.0	319.1	149.9	55.9	*15.0	1,224.1
Sailing	*10.9	**5.1	*23.4	*13.6	*23.3	*14.1	90.5
Scuba diving	*21.2	28.0	*10.1	*13.5	**4.0	**1.7	78.3
Shooting sports	*21.0	*9.8	*24.5	*7.0	*15.9	**4.4	82.8
Softball	*23.7	*10.0	*8.3	**6.2	—	—	48.3
Squash/racquetball	39.1	72.2	59.6	40.6	*7.0	**1.3	219.8
Surf sports	120.6	91.4	86.2	69.0	*11.6	*7.3	386.1
Swimming	389.9	489.9	524.7	437.1	250.2	165.2	2,256.9
Table tennis	*26.0	*14.4	*21.3	*7.1	*8.5	**2.3	79.7
Tennis	271.0	230.8	203.6	229.3	125.0	71.0	1,130.7
Tenpin bowling	*22.7	*19.7	*24.4	*22.7	*10.8	*16.4	116.7
Touch football	154.2	121.7	90.4	30.9	**2.2	**2.3	401.6
Triathlon	*12.9	*19.9	*17.1	**3.0	**2.4	—	55.3
Volleyball	113.5	36.2	29.9	*16.8	**0.1	—	196.5
Walking (bush)	53.0	148.0	169.7	201.5	133.7	68.2	774.0
Walking (other)	391.8	872.4	1,058.9	1,332.0	1,123.4	1,223.2	6,001.7
Water polo	26.5	*6.9	**1.9	**1.4	—	—	36.7
Waterskiing/powerboating	30.8	41.2	37.7	*26.0	**6.5	—	142.2
Weight training	104.9	133.4	114.8	65.0	56.0	35.3	509.4
Yoga	47.1	107.3	124.3	81.5	76.8	50.5	487.5

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 17 continued: Selected activities by age, 2006

Activity	Participation rate (%)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	25.1	21.4	19.7	19.3	15.4	12.4	19.1
Aquarobics	*0.4	*0.6	*0.9	1.2	2.8	2.8	1.4
Athletics/track and field	2.7	**0.1	*0.3	**0.1	—	**0.1	0.6
Australian football	9.4	3.2	1.9	*0.7	**0.2	**0	2.7
Badminton	2.2	1.1	*0.9	*0.2	*0.5	**0.2	0.9
Baseball	*0.5	*0.3	*0.2	**0.1	**0.1	—	0.2
Basketball	11.5	3.5	2.4	1.1	**0.2	**0.1	3.3
Billiards/snooker/pool	*0.3	**0.2	**0.2	**0.2	**0.1	*0.3	0.2
Boxing	2.0	1.0	*0.6	*0.4	—	**0	0.7
Canoeing/kayaking	*0.6	*0.9	*0.7	1.1	*1.1	**0.1	0.7
Carpet bowls	—	—	—	**0	**0.1	1.4	0.2
Cricket (indoor)	1.9	2.2	*0.6	*0.3	**0.1	**0	0.9
Cricket (outdoor)	9.0	4.1	3.0	1.5	*0.4	**0.2	3.2
Cycling	8.1	13.2	17.0	9.8	8.6	3.1	10.1
Dancing	5.6	1.5	1.3	1.7	2.8	1.7	2.4
Darts	**0.1	**0.2	**0.1	**0.2	**0.2	**0	*0.1
Fishing	0.9	1.7	3.0	2.6	3.2	1.6	2.1
Football (indoor)	6.5	2.5	1.2	*0.4	**0.1	—	1.9
Football (outdoor)	13.7	3.9	4.4	1.8	**0.3	**0	4.2
Golf	3.8	5.7	7.2	7.7	10.2	6.9	6.8
Gymnastics	*0.7	**0	*0.3	**0.2	**0.1	**0.1	0.2
Hockey (indoor)	*0.8	**0.1	**0.1	—	—	—	*0.2
Hockey (outdoor)	2.8	*0.7	1.2	*0.5	**0.2	**0.1	1.0
Horse riding/equestrian activities/polocrosse	2.2	1.5	1.6	1.3	*0.5	*0.3	1.3
Ice/snow sports	1.5	1.5	1.5	1.2	*0.3	**0.1	1.1
Lawn bowls	*0.5	*0.8	*0.8	*0.7	2.8	7.6	2.1
Martial arts	3.8	2.2	1.4	1.0	*1.0	1.5	1.8
Motor sports	2.6	1.5	1.6	*0.9	*0.5	**0.1	1.2
Netball	10.0	5.9	3.6	0.9	**0.2	**0.1	3.6
Orienteering	1.6	*0.5	*0.3	**0.2	**0	**0	0.5
Rock climbing	*0.9	1.2	*0.4	*0.3	**0	**0	0.5
Roller sports	1.4	1.2	*0.6	**0.2	**0.1	—	0.6
Rowing	1.1	*0.3	*0.2	*0.5	**0.2	**0.1	0.4
Rugby league	5.3	1.4	*0.5	**0.1	—	—	1.3
Rugby union	4.3	*0.6	*0.5	*0.3	**0.1	—	1.0
Running	12.3	11.5	10.5	5.3	2.5	*0.6	7.4
Sailing	*0.4	**0.2	*0.8	*0.5	*1.0	*0.5	0.5
Scuba diving	*0.7	1.0	*0.3	*0.5	**0.2	**0.1	0.5
Shooting sports	*0.7	*0.3	*0.8	*0.2	*0.7	**0.2	0.5
Softball	*0.8	*0.3	*0.3	**0.2	—	—	0.3
Squash/racquetball	1.4	2.5	2.0	1.4	*0.3	**0	1.3
Surf sports	4.2	3.2	2.8	2.4	*0.5	*0.3	2.3
Swimming	13.6	17.0	17.3	15.4	11.0	6.1	13.6
Table tennis	*0.9	*0.5	*0.7	*0.3	*0.4	**0.1	0.5
Tennis	9.4	8.0	6.7	8.1	5.5	2.6	6.8
Tenpin bowling	*0.8	*0.7	*0.8	*0.8	*0.5	*0.6	0.7
Touch football	5.4	4.2	3.0	1.1	**0.1	**0.1	2.4
Triathlon	*0.5	*0.7	*0.6	**0.1	**0.1	—	0.3
Volleyball	4.0	1.3	1.0	*0.6	**0	—	1.2
Walking (bush)	1.8	5.1	5.6	7.1	5.9	2.5	4.7
Walking (other)	13.7	30.3	34.9	47.0	49.5	45.2	36.2
Water polo	0.9	*0.2	**0.1	**0	—	—	0.2
Waterskiing/powerboating	1.1	1.4	1.2	*0.9	**0.3	—	0.9
Weight training	3.7	4.6	3.8	2.3	2.5	1.3	3.1
Yoga	1.6	3.7	4.1	2.9	3.4	1.9	2.9

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use